

## Dr. Ratika Parkash, MD, FRCPC



Dr. Parkash is a heart rhythm specialist with two major areas of research: atrial fibrillation (AF) and cardiac implantable electronic devices (CIEDs). Dr. Parkash has been successful as a junior investigator, being the recipient of a grant from the Heart and Stroke Foundation that was the inaugural recipient of the Greg Ferrier Award, the recipient of the CIHR RCT Mentoring Award and was awarded a Clinical Scholar Research award from the Faculty of Medicine. Currently, Dr. Parkash is involved in a number of clinical trial initiatives in atrial fibrillation and CIEDs. She has completed a clinical trial of aggressive blood pressure control in patients with AF to prevent recurrent AF, funded by the Nova Scotia Health Research Foundation and the Canadian Institute of Health Research through the Strategy for Patient-Oriented Research. Dr. Parkash is also principal investigator for an international clinical trial investigating the mortality benefit of catheter ablation of AF in patients with atrial fibrillation and heart failure, also supported by the Canadian Institute of Health Research. Dr. Parkash is the past Chair of the Canadian Heart Rhythm Society Device Committee and was the lead author and investigator in a paper published in *Circulation* examining complications associated with a recent lead advisory and has continued to work in the area of advisories related to CIEDs. Dr. Parkash continues her research in outcomes in patients with CIEDs, to determine who benefits most from this important lifesaving therapy.