

Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

Oral Anticoagulation Update in Atrial Fibrillation

Dr. Paul Angaran, MD FRCPC Cardiac Electrophysiologist St. Michael's Hospital, Toronto February 11, 2017



Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Disclosures

- Relationships with commercial interests:
 - Speakers Bureau/Honoraria: Servier, Boehringer
 Ingelheim.
 - Research support: BMS; Pfizer; Bayer.
- I will be discussing off-label use of approved products.



School

Learning Objectives

 To examine "real-world" NOAC outcomes and safety data

 To discuss OAC in the context of valvular heart disease and renal dysfunction

14th Annual Collingwood, Ontario, February 10 -12, 2017



Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Terminology

- NOAC
 - "Novel/New" oral anticoagulant
 - "Non-vitamin K" oral anticoagulant

- DOAC
 - "Direct" oral anticoagulant

Interchangeable in clinical practice and research setting



Séminaire Winter Arrhythmia School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto





Canadian Journal of Cardiology ■ (2016) 1–16

Society Guidelines

2016 Focused Update of the Canadian Cardiovascular Society Guidelines for the Management of Atrial Fibrillation

Laurent Macle, MD (Co-chair),^a John Cairns, MD,^b Kori Leblanc, PharmD,^c Teresa Tsang, MD,^b
Allan Skanes, MD,^d Jafna L. Cox, MD,^e Jeff S. Healey, MD,^f Alan Bell, MD,^g Louise Pilote, MD,^h
Jason G. Andrade, MD,^a L. Brent Mitchell, MD,ⁱ Clare Atzema, MD,^j David Gladstone, MD,^j
Mike Sharma, MD,^{f,k} Subodh Verma, MD,¹ Stuart Connolly, MD,^f Paul Dorian, MD,¹
Ratika Parkash, MD,^e Mario Talajic, MD,^a Stanley Nattel, MD,^a and Atul Verma, MD (Co-chair);^m
for the CCS Atrial Fibrillation Guidelines Committee*



Collingwood, Ontario, February 10 -12, 2017 _____)

Consider and modify (if possible) all factors influencing risk of bleeding during OAC treatment (hypertension, antiplatelet drugs, NSAIDs, corticosteroids, excessive alcohol, labile INRs) and specifically bleeding risks for NOACs (low creatinine clearance, age \geq 75, low body weight)[†]

Séminaire

Annual Cardiac Arrhythmia Meeting

Division of Cardiology, University of Toronto

Winter Arrhythmia

School

*A NOAC is preferred over warfarin for non-valvular AF

Novel OACs vs. Warfarin Summary



Minter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

	DABIGATRAN 110 VS. WARFARIN ¹	DABIGATRAN 150 VS. WARFARIN ¹	RIVAROXABAN VS. WARFARIN ²	APIXIBAN VS. WARFARIN ³	EDOXABAN 30 VS. WARFARIN⁴	EDOXABAN 60 VS. WARFARIN ⁴
Stroke/SE	9% ↓	34% ↓	12% ↓	21% ↓	13% ↑	13% ↓
Major Bleed	20% ↓	7% ↓	4% ↑	58% ↓	53% ↓	20% ↓
ІСН	69% ↓	60% ↓	33% ↓	49% ↓	70% ↓	53% ↓
GI Bleeding	10% ↑	50% ↑	61% ↑	11% ↓	33% ↓	23% ↑
All Cause Death	9% ↓	12% ↓	8% ↓	11% ↓	13% ↓	8% ↓

14th Annual Collingwood, Ontario, February 10 -12, 2017 ¹Connolly et al. NEJM 2009; 361: 1139 – 51 ²Patel et al. NEJM 2011; 365: 883 – 91 ³Granger et al. NEJM 2011; 365: 981 – 92 ⁴Guigliano et al. NEJM 2013; 369: 2093 - 104

NOACs are better at preventing strokes...



Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

Stroke or systemic embolic events



NOACs \downarrow stroke and systemic embolic events by 19% compared with warfarin ARR = 0.007 NNT = 147

14th Annual Collingwood, Ontario, February 10 -12, 2017

Ruff et al. Lancet 2014; 383: 955 - 62

...with lower ICH and mortality



Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

Secondary efficacy and safety outcomes



ARR = 0.005 NNT = 219 NOACs ↓ ICH by 52% compared with warfarin ARR = 0.008 NNT = 132 NOACs ↓ all cause mortality by 10% compared with warfarin ARR = 0.008 NNT = 128

Ruff et al. Lancet 2014; 383: 955 - 62

...with a trend towards less bleeding



Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

Major bleeding





Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

"Real-Life" Data and NOACs



Séminaire Winter Arrhythmia

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Clinical Trials Versus Real-World Observation



PeerVoice

14th Annualeervoice.com/o1/pvr259Collingwood, Ontario,February 10 -12, 2017



Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

	Efficacy study	Effectiveness study
Question	Does the intervention work under ideal circumstance?	Does the intervention work in real-world practice?
Setting	Resource-intensive 'ideal setting'	Real-world everyday clinical setting
Study population	Highly selected, homogenous population Several exclusion criteria	Heterogeneous population Few to no exclusion criteria
Providers	Highly experienced and trained	Representative usual providers
Intervention	Strictly enforced and standardized No concurrent interventions	Applied with flexibility Concurrent interventions and cross-over permitted

Explanatory trials

Pragmatic trials

Efficacy and effectiveness exist in a continuum



Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Registries

- Potential for selection bias high
- Usually prospective
- Large sample size
- High level patient detail
- Outcomes typically prespecified and adjudicated
- Higher cost

Administrative Data

- Potential for selection bias low (population-based)
- Usually retrospective
- Very large sample size
- Less patient detail
- Outcome data is not adjudicated and often lagging
- Lower cost





Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Guideline-indicated OAC use must be high by now?

OAC is still underutilized





GARFIELD-AF is an ongoing ٠ global registry of adults with newly dx NVAF

School

- 2 year outcomes in 17 162 pts
- Overall OAC use 60.8% ٠
- OAC not prescribed in • 36.9% of patients with a $CHA_2DS_2-VASc \ge 2$

Collingwood, Ontario, February 10 -12, 2017





Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Effectiveness and Safety of Warfarin vs. NOACs

Comparative Effectiveness and Safety – NOACs vs. Warfarin



- Danish Nationwide Databases 2011-2015
- 61 678 NVAF pts naïve to OAC and no prior indication for OAC
- Warfarin, n=35 436 (57%)
- Dabigatran 150 mg, n=12 701 (21%)
- Rivaroxaban 20 mg, n=7192 (12%)
- Apixaban 5 mg, n=6349 10%)



Séminaire

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Winter Arrhythmia

School

Comparative Effectiveness and



Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Winter Arrhythmia

Séminaire

Safety - NOACs vs. Warfarin



- All NOACs seem to be safe and effective alternatives to warfarin in a routine care setting
- No significant diff was found between NOACs and warfarin for ischaemic stroke.



• The risks of death, any bleeding, or major bleeding were significantly lower for apixaban and dabigatran compared with warfarin

Larsen et al. BMJ 2016; 353: 1-9

Effectiveness and Safety of NOACs and Warfarin





	Event Rate per 100	person-years	_	Hazard Ratio (95% CI)	p valu
	Apixaban v	s. Warfarin			
	n=7,695	n=7,695			
S/SE	1.33	1.66	⊢ •−1	0.67 (0.46-0.98)	0.0
Ischemic	1.03	1.05	⊢ ● <mark> </mark> _1	0.83 (0.53-1.29)	0.4
Hemorrhagic	0.19	0.46	⊢●	0.35 (0.14-0.88)	0.0
	Dabigatran vs	. Warfarin	· · ·		
	n=1 4,307	n=14,307			
S/SE	1.18	1.22	⊢♦ −1	0.98 (0.76–1.26)	0.8
Ischemic	0.92	0.88	⊢● −−1	1.06 (0.79-1.42)	0.70
Hemorrhagic	0.16	0.29	⊢ ●	0.56 (0.30-1.04)	0.07
	Rivaroxaban vs	. Warfarin			
	n=16,175	n=16,175			
S/SE	1.26	1.29	L.	0.93 (0.72-1.19)	0.56
Ischemic	0.95	0.88	⊢	1.01 (0.75–1.36)	0.95
Hemorrhagic 14 th Annual	0.21	0.32	⊢●	0.61 (0.35 –1.07)	0.08
nowood Onta	rio.	Favor NOAC	10	Favor Warfarin	

- Propensity matched study in large US claims database
- Apixaban vs warfarin (n=15 390)
- Dabigatran vs warfarin (n=28 614)
- Riva vs warfarin (n=32 350)
- Compared with warfarin:
- Apixaban was associated with lower risks of stroke
 - Dabigatran was associated with similar risk of stroke
- Rivaroxaban was associated with similar risks of both stroke

Effectiveness and Safety of NOACs and Warfarin



Séminaire Winter Arrhythmia

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

	_	Event Rate per 10)0 person-yea	irs	Hazard Ratio (95% CI)	p value
		Apixaban v	s. Warfarin			
		n=7,695	n=7,695			
	Major Bleeding	2.33	4.46	⊷	0.45 (0.34 – 0.59)	<0.001
	Intracranial	0.29	1.06	⊷	0.24 (0.12 - 0.50)	<0.001
	Gastrointestinal	1.78	3.04	+•-1	0.51 (0.37 - 0.70)	<0.001
		Dabigatran vs	. Warfarin	I		
		n=14,307	n=14,307			
	Major Bleeding	2.37	3.03	+•+	0.79 (0.67 - 0.94)	<0.01
	Intracranial	0.28	0.79	┝┻┥	0.36 (0.23 – 0.56)	<0.001
	Gastrointestinal	1.97	1.95	++-1	1.03 (0.84 - 1.26)	0.78
		Rivaroxaban v	s. Warfarin			
		n=16,175	n=16,175			
	Major Bleeding	4.04	3.64	H e -I	1.04 (0.90 – 1.20)	0.60
	Intracranial	0.44	0.79	⊢●⊣	0.51 (0.35 – 0.75)	<0.001
14	th Annual	3.26	2.53		1.21 (1.02 – 1.43)	0.03
Colling Februar	wood, Ontario, y 10 -12, 2017		Favor NOAC	 1.0	Favor Warfarin	

- Compared to warfarin:
- Apixaban was associated with lower risks major bleeding
- Dabigatran was associated lower risk of major bleeding
- Rivaroxaban was associated with similar risks of major bleeding



Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Séminaire

Bleeding and NOACs

Table 2Oral anticoagulant follow-up time and number (percentage) of patients experiencing a first time bleeding
episode after initiating oral anticoagulant (subsequent bleeding episodes not considered) for the different bleeding
endpoints

	Warfarin	Dabigatran	Rivaroxaban	Apixaban	Total
	(n = 11 427)	(n = 7925)	(n = 6817)	(n = 6506)	(n = 32 675)
Follow-up time (days), median (25th–75th percentile)	156 (84–309)	212 (97–413)	209 (105–410)	143 (73–247)	173 (84–340)
Major or CRNM bleeding:	824 (7.21)	407 (5.14)	578 (8.48)	272 (4.18)	2081 (6.37)
Severity Major bleeding	181 (1.58)	80 (1.01)	109 (1.60)	49 (0.75)	419 (1.28)
CRNM bleeding	643 (5.63)	327 (4.13)	469 (6.88)	223 (3.43)	1662 (5.09)
GI bleeding	199 (1.74)	150 (1.89)	175 (2.57)	70 (1.08)	594 (1.82)
ICH bleeding	90 (0.79)	28 (0.35)	63 (0.92)	26 (0.40)	207 (0.63)
Other bleeding	535 (4.68)	229 (2.89)	340 (4.99)	176 (2.71)	1280 (3.92)

CRNM, Clinically relevant non-major; GI, gastrointestinal; ICH, intracranial haemorrhage.

- Norwegian Patient Registry and Norwegian Prescription Database
- Major bleeding any bleeding in critical organ or bleeding requiring transfusion
- CRNM bleeding any bleeding requiring intervention, leading to hospitalization or increased level of care that did not meet major bleeding

14th Annual Collingwood, Ontario, February 10 -12, 2017 • 32 675 AF pts Jan 2013 – June 2015

Halvorsen et al. European Heart J CV Pharm 2017; 3: 28-36



Bleeding and NOACs

OAC	IR	HR (95%CI)	Р	
Major or CRNM				
Warfarin	11.44	1 (ref.)		
Dabigatran	6.74	0.74 (0.66,0.84)	< 0.001	
Rivaroxaban	11.43	1.05 (0.94,1.17)	0.400	
Apixaban	8.58	0.70 (0.61,0.80)	< 0.001	
Major				
Warfarin	2.42	1 (ref.)		
Dabigatran	1.29	0.67 (0.52,0.88)	0.004	
Rivaroxaban	2.07	0.86 (0.68,1.10)	0.231	
Apixaban	1.51	0.56 (0.40,0.76)	0.001	
CRNM				
Warfarin	8.85	1 (ref.)		
Dabigatran	5.38	0.76 (0.66,0.87)	<0.001	
Rivaroxaban	9.20	1.10 (0.97,1.24)	0.133	
Apixaban	7.00	0.74 (0.64,0.87)	< 0.001	
				0.40 0.60 0.80 1.0 1.3
				Favours NOAC Favours warfarin

Apixaban and dabigatran were associated with a lower risk of major ٠ or CRNM bleeding compared with warfarin

14th Annual Collingwood, Ontario, February 10 -12, 2017

The risk of GI bleeding was higher with rivaroxaban and ٠ dabigatran compared with warfarin.

Halvorsen et al. European Heart J CV Pharm 2017; 3: 28-36

Winter Arrhythmia

Annual Cardiac Arrhythmia Meeting

Division of Cardiology, University of Toronto

School





Minter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Effectiveness and Safety of Warfarin vs. NOACs

Observational "real-world" studies seem to confirm the results of RCTs which comparing warfarin to NOACs





Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Effectiveness and Safety of NOACs



Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

XANTUS: a real-world, prospective, observational study of patients treated with rivaroxaban for stroke prevention in atrial fibrillation

A. John Camm¹*, Pierre Amarenco², Sylvia Haas³, Susanne Hess⁴, Paulus Kirchhof^{5,6}, Silvia Kuhls⁷, Martin van Eickels⁴, and Alexander G.G. Turpie⁸, on behalf of the XANTUS Investigators

- Observational cohort study (enrollment-based registry)
- NVAF patients (n=6 784) in 311 centres in Europe, Canada and Israel who start treatment with Rivaroxaban for prevention of stroke or non-CNS SE
- Rivaroxaban duration at treating MD discretion
 - 1° outcomes \rightarrow Major bleeds, AE, SAEs, ACM

 2° outcomes → TE events, non-major bleeds, QOL, resource utilization

14th Annual Collingwood, Ontario, February 10 -12, 2017

Camm et al. Eur Heart J 2016; 37(14): 1145-53

Baseline Characteristics



Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Winter Arrhythmia

Characteristics, %	XANTUS (n=6,784)	ROCKET-AF (n=7,131)	
Age (years)	71.5 ± 10.0	73 (IQR: 65,78)	
Age ≥75 years	37.2%	43.8%	
Male sex	59.2%	60.3%	
$CHADS_2$ score ≥3	29.3%	87.0%	
Hypertension	74.7%	90.3%	
Prior MI	10.1%	16.6%	
Diabetes	19.6%	40.4%	
Heart failure	18.6%	62.6%	
Prior CVA / TIA / SE	19.0%	54.9%	
Creatinine clearance < 50 ml/min	9.4%	21%	

XANTUS vs. ROCKET AF



School

Division of Cardiology, University of Toronto



#Includes prior stroke, SE or TIA; *Events per 100 patient-years

1. Patel MR et al, N Engl J Med 2011;365:883–891; 2. Camm AJ et al, Eur Heart J 2015; doi: 10.1093/eurhearti/ehv466

14th Annual Collingwood, Ontario, February 10 -12, 2017



Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Incidence of Outcome: FDA Medicare Analysis and RE-LY Clinical Data



^a Study Design: Observational cohort study of Medicare beneficiaries.

Data are from multiple studies and cannot be directly compared. Baseline characteristics, endpoint definitions, and methodology between RCT and RWD analyses show important differences.

14th Annual Collingwood, Ontario, February 10 -12, 2017

eervoice.com/o1/pvr259







Minter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

Effectiveness and Safety of NOACs

Observational "real-world" studies seem to support the results of RCTs that NOACs are safe and effective





Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Effectiveness and Safety of NOAC vs. NOAC

Clinical Outcomes of Elderly AF Medicare Beneficiaries – Dabi vs. Riva



Séminaire Winter Arrhythmia School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto



14th Annual Collingwood, Ontario, February 10 -12, 2017 118 891 new patients with NVAF ≥ 65 years old enrolled in FFS Medicare from Nov 2011 – June 2014 – Propensity score matched

Graham et al. JAMA Int Med 2016; 176(11): 1662-1671

Clinical Outcomes of Elderly AF Medicare Beneficiaries – Dabi vs. Riva



Table 2. Outcome Event Counts, Adjusted Incidence Rate Differences, and Crude and Adjusted Hazard Ratios Comparing Inverse Probability of Treatment-Weighted New-User Cohorts of Dabigatran and Rivaroxaban for Nonvalvular Atrial Fibrillation^a

Crude (Unadjusted) Incidence Rate per 1000 Person-years (No. of Events)		Adjusted Incidence Rate Difference per	Hazard Ratio (95% CI)		
Dabigatran (n = 52 240)	Rivaroxaban (n = 66 651)	1000 Person-years (95% CI) ^b	Crude	Adjusted	P Value
9.7 (150)	7.7 (156)	-1.8 (-3.8 to 0.1)	0.80 (0.64 to 1.00)	0.81 (0.65 to 1.01)	.07
3.7 (58)	5.8 (118)	2.3 (0.9 to 3.7)	1.58 (1.15 to 2.16)	1.65 (1.20 to 2.26)	.002
26.6 (413)	39.4 (796)	13.0 (9.2 to 16.7)	1.47 (1.31 to 1.66)	1.48 (1.32 to 1.67)	<.001
23.3 (362)	32.5 (656)	9.4 (6.0 to 12.8)	1.39 (1.22 to 1.58)	1.40 (1.23 to 1.59)	<.001
22.2 (346)	24.7 (500)	3.1 (-0.1 to 6.3)	1.12 (0.98 to 1.29)	1.15 (1.00 to 1.32)	.051
	_				
39.2 (608)	54.0 (1091)	15.1 (10.7 to 19.6)	1.38 (1.25 to 1.52)	1.39 (1.25 to 1.53)	<.001
12.9 (200)	11.0 (223)	-1.7 (-4.0 to 0.6)	0.86 (0.71 to 1.05)	0.88 (0.72 to 1.06)	.18
	Crude (Unadjusted) per 1000 Person-ye Dabigatran (n = 52 240) 9.7 (150) 3.7 (58) 26.6 (413) 23.3 (362) 22.2 (346) 39.2 (608) 12.9 (200)	Crude (Unadjusted) Incidence Rate per 1000 Person-years (No. of Events) Dabigatran (n = 52 240) Rivaroxaban (n = 66 651) 9.7 (150) 7.7 (156) 3.7 (58) 5.8 (118) 26.6 (413) 39.4 (796) 23.3 (362) 32.5 (656) 22.2 (346) 24.7 (500) 39.2 (608) 54.0 (1091) 12.9 (200) 11.0 (223)	Crude (Unadjusted) Incidence Rate per 1000 Person-years (No. of Events)Adjusted Incidence Rate Difference per 1000 Person-years $(95\% Cl)^b$ Dabigatran (n = 52 240)Rivaroxaban (n = 66 651) 1000 Person-years $(95\% Cl)^b$ 9.7 (150)7.7 (156) -1.8 (-3.8 to 0.1)3.7 (58)5.8 (118)2.3 (0.9 to 3.7)26.6 (413)39.4 (796)13.0 (9.2 to 16.7)23.3 (362)32.5 (656)9.4 (6.0 to 12.8)22.2 (346)24.7 (500)3.1 (-0.1 to 6.3)39.2 (608)54.0 (1091)15.1 (10.7 to 19.6)12.9 (200)11.0 (223) -1.7 (-4.0 to 0.6)	Crude (Unadjusted) Incidence Rate per 1000 Person-years (No. of Events) Adjusted Incidence Rate Difference per 1000 Person-years (95% CI) ^b Hazard Ratio (95% CI) Dabigatran (n = 52 240) Rivaroxaban (n = 66 651) Outperson-years (95% CI) ^b Crude 9.7 (150) 7.7 (156) -1.8 (-3.8 to 0.1) 0.80 (0.64 to 1.00) 3.7 (58) 5.8 (118) 2.3 (0.9 to 3.7) 1.58 (1.15 to 2.16) 26.6 (413) 39.4 (796) 13.0 (9.2 to 16.7) 1.47 (1.31 to 1.66) 23.3 (362) 32.5 (656) 9.4 (6.0 to 12.8) 1.39 (1.22 to 1.58) 22.2 (346) 24.7 (500) 3.1 (-0.1 to 6.3) 1.12 (0.98 to 1.29) 39.2 (608) 54.0 (1091) 15.1 (10.7 to 19.6) 1.38 (1.25 to 1.52) 12.9 (200) 11.0 (223) -1.7 (-4.0 to 0.6) 0.86 (0.71 to 1.05)	Crude (Unadjusted) Incidence Rate per 1000 Person-years (No. of Events) Dabigatran (n = 52 240) Adjusted Incidence Rate Difference per 1000 Person-years (95% CI) ^b Hazard Ratio (95% CI) Crude Adjusted 9.7 (150) 7.7 (156) -1.8 (-3.8 to 0.1) 0.80 (0.64 to 1.00) 0.81 (0.65 to 1.01) 3.7 (58) 5.8 (118) 2.3 (0.9 to 3.7) 1.58 (1.15 to 2.16) 1.65 (1.20 to 2.26) 26.6 (413) 39.4 (796) 13.0 (9.2 to 16.7) 1.47 (1.31 to 1.66) 1.48 (1.32 to 1.67) 23.3 (362) 32.5 (656) 9.4 (6.0 to 12.8) 1.39 (1.22 to 1.58) 1.40 (1.23 to 1.59) 22.2 (346) 24.7 (500) 3.1 (-0.1 to 6.3) 1.12 (0.98 to 1.29) 1.15 (1.00 to 1.32) 39.2 (608) 54.0 (1091) 15.1 (10.7 to 19.6) 1.38 (1.25 to 1.52) 1.39 (1.25 to 1.53) 12.9 (200) 11.0 (223) -1.7 (-4.0 to 0.6) 0.86 (0.71 to 1.05) 0.88 (0.72 to 1.06)

^a Dabigatran served as the reference group.

^bAdjusted incidence rate difference = (rivaroxaban rate) - (dabigatran rate).

Major bleeding in patients initiating NOACs and Warfarin

- Retrospective analysis of Truven Marketscan database[®] US claims database
- Enrolment period: Jan Dec 2013
- >18 years old with at least 1 claim with diagnosis of AF in the baseline period
- No prior anticoagulation in the baseline period (treatment naïve)
- No valvular heart disease, transient AF, cardiac surgery or VTE history
- Objective → To compare the major bleeding risk of among newly anticoagulated NVAF patients initiation apixaban, warfarin, dabigatran or
 14^arivaroxaban Collingwood, Ontario,

February 10 -12, 2017

Lip et al. Int J Clin Prac; 2016; 752-763

Séminaire

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Winter Arrhythmia

School

Major Bleeding in patients initiating NOACs and Warfarin

Séminaire Winter Arrhythmia School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

	Characteristics	Apixaban (n=2 402)	Dabigatran (n=4 173)	Rivaroxaban (n=10 050)	Warfarin (n=12 713)
	Mean Age	69.3	66.8	67.3	72.5
	CHF	20.2	20.3	19.5	27.3
	DM	26.8	27.6	26.7	31.8
	HTN	72.7	70.5	70.8	73.1
	Renal disease	7.6	7.3	8.1	14.6
	MI	6.1	5.1	5.3	6.3
	Stroke/TIA	10.6	9.2	9.0	12.2
	CAD	34.6	28.8	29.7	34.1
	Prior bleeding	11.5	11.0	12.8	16.1
	CHADS2	1.78 ± 1.21	1.66 ± 1.19	1.66 ± 1.20	2.05 ± 1.26
C-11	CHA2DS2-VASc	2.83 ± 1.64	2.58 ± 1.65	2.62 ± 1.65	3.22 ± 1.65
Con	ingwood, Ontario,				

February 10 -12, 2017





February 10 -12, 2017

Lip et al. Int J Clin Prac; 2016; 752-763

Winter Arrhythmia

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto School


Original Research Antithrombotic Therapy

Direct Comparison of Dabigatran, Rivaroxaban, and Apixaban for Effectiveness and Safety in Nonvalvular Atrial Fibrillation



SCHEST

School

Peter A. Noseworthy, MD; Xiaoxi Yao, PhD; Neena S. Abraham, MD; Lindsey R. Sangaralingham, MPH; Robert D. McBane, MD; and Nilay D. Shah, PhD

- Large US administrative claims database Optum Labs Data Warehouse (>100M)
- ≥ 18 years users of dabigatran, rivaroxaban and apixaban for NVAF (≥ inpatient or outpatient AF diagnosis)
- Oct 1 2010 Feb 28 2015
- Excluded valvular heart disease, dialysis, renal transplantation ٠
- Propensity-score matched cohorts (3 cohorts riva-dabi, apix-riva, apix-dabi)
- **Cox Proportional Hazards model**

14th Annual Collingwood, Ontario, February 10 -12, 2017



Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Variable $(n = 15,787)$ $(n = 15,787)$ $(n = 6,542)$ $(n = 6,542)$ $(n = 6,542)$	565) (n = 6,565)
Age, y	
Median (IQR) 70 (62-78) 71 (62-78) 73 (65-81) 73 (65-81) 73 (65	-81) 73 (65-81)
18-64, % 33.6 31.9 24.1 24.5 24.) 24.8
65-74, % 31.2 31.0 30.4 30.0 30.	3 29.7
≥ 75, % 35.2 37.0 45.5 45.4 45.	7 45.5
Male sex, % 59.7 58.9 54.1 53.9 54.) 54.4
Race, %	
Asian 2.6 2.6 2.5 2.8 2.	5 2.3
Black 9.1 9.1 9.0 8.5 9.	L 8.8
Hispanic 4.7 4.7 5.1 5.2 5.	L 5.0
Unknown 4.6 4.6 4.8 4.5 4.	3 4.5
White 78.9 78.9 78.6 79.0 78.	5 79.3
Region of residence, %	
Midwest 24.8 25.3 27.7 27.9 27.	27.6
Northeast 19.6 19.6 18.4 18.4 18.	4 17.5
South 45.0 44.4 41.9 41.2 41.	3 42.5
West 10.6 10.7 12.0 12.5 12.) 12.4
CHA ₂ DS ₂ -VASc	
Median (IQR) 4 (2-5) 4 (2-5) 4 (3-5) 4 (3-5) 4 (3-5)	5) 4 (3-5)
0-1, % 14.5 14.0 9.2 9.4 9.	l 9.7
2-3, % 33.5 32.8 30.0 30.7 29.	30.1
$\geq 4, \%$ 52.1 53.2 60.9 59.9 61.	60.2
HAS-BLED	
Median (IQR) 2 (1-3) 2 (1-3) 2 (2-3) 2 (2-3) 2 (2-3)	3) 2 (2-3)
$\geq 3, \%$ 38.3 39.5 44.7 43.9 44.	43.7

TABLE 1 Baseline Characteristics in Propensity-Score-Matched NOAC Users

14th Annua Collingwood, Ontario,

February 10 -12, 2017



Séminaire Winter Arrhythmia School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Effectiveness: Primary outcome (stroke or systemic embolism)



Collingwood, Ontario, February 10 -12, 2017

Noseworthy et al. Chest 2016; 150(6): 1302-1312

Effectiveness: Secondary outcomes



Collingwood, Ontario, February 10 -12, 2017

Noseworthy et al. Chest 2016; 150(6): 1302-1312

Séminaire

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Winter Arrhythmia

School



Séminaire Winter Arrhythmia School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Safety: Primary outcome (major bleeding)

Event i	rate per 100 pers	son-ye	ears			Hazard ratio (95% Cl)	<i>P</i> value
	Rivaroxaban n = 15,787	vs	Dabigatran n = 15,787				
	3.77		2.58		┝━┤	1.30 (1.10-1.53)	< .01
			Favor F	Rivaroxaban	Favor Da	abigatran	
	Apixaban n = 6,542	VS	Dabigatran n = 6,542				
	2.06		3.25	┝●┤		0.50 (0.36-0.70)	< .001
			Favo	or Apixaban	Favor Da	abigatran	
	Apixaban n = 6,565	vs	Rivaroxaban n = 6,565				
	2.01		4.55			0.39 (0.28-0.54)	< .001
			Favo	or Apixaban	Favor Ri	varoxaban	
14th Append			0	.0 0.5 1.	.0 1.5	2.0	



Séminaire Winter Arrhythmia

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Safety: Secondary outcome (intracranial bleeding)





Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

- Dabigatran, rivaroxaban and apixaban have similar effectiveness in the reduction of stroke of systemic embolism
- Apixaban was associated with the lower risk of bleeding, rivaroxaban is associated with a higher risk of major bleeding
- Limitations of confounding, particularly with selection of a particular NOAC, pharmacy claims





Minter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Effectiveness and Safety of NOAC vs. NOAC

Observational "real-world" studies seem to support that there <u>may</u> be differences between NOACs





Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Are patients taking NOACs being dosed properly?

Does it matter?



Off-Label Dosing of Non-Vitamin K Antagonist Oral Anticoagulants and Adverse Outcomes

The ORBIT-AF II Registry

Benjamin A. Steinberg, MD, MHS,^{a,b,c} Peter Shrader, MA,^c Laine Thomas, PHD,^c Jack Ansell, MD,^d Gregg C. Fonarow, MD,^e Bernard J. Gersh, MB, CнB, DPнш,^f Peter R. Kowey, MD,^g Kenneth W. Mahaffey, MD,^h Gerald Naccarelli, MD,ⁱ James Reiffel, MD,^j Daniel E. Singer, MD,^k Eric D. Peterson, MD, MPH,^{b,c} Jonathan P. Piccini, MD, MHS,^{b,c} for the ORBIT-AF Investigators and Patients

- ORBIT-AF II 5738 patients treated with a NOAC
- Underdosed (9.4%), Overdosed (3.4%), Recommended dose (87%) ٠
- Patients receiving "off-label doses" were more likely:
 - Older
 - Female •
 - Less likely treated by an EP
 - **Higher CHADS-VASc scores**
 - Higher ORBIT bleeding scores

14th Annual Collingwood, Ontario, February 10 -12, 2017

School

Off-Label Dosing



Séminaire Winter Arrhythmia School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

CENTRAL ILLUSTRATION Off-Label Dosing of Nonvitamin K Antagonist Oral Anticoagulant Agents: Prevalence and Outcomes by Dosing



Steinberg et al. JACC 2016; 68 (24): 2597-604

Worse Outcomes with Off-Label Dosing



Séminaire Winter Arrhythmia School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

TABLE 2 Unadjusted and Adjusted Association Between Appropriateness of NOAC Dosing and Clinical Outcomes

			Unadjusted			Adjusted		
	Number of Events	HR (95% CI)	p Value	Global p Value	HR (95% CI)	p Value	Global p Value	
All-cause death				<0.0001			0.0674	
Appropriately dosed	158 (2.95)	Reference			Reference			
Underdosed	36 (6.30)	2.18 (1.57-3.02)	<0.0001		1.25 (0.89-1.76)	0.1975		
Overdosed	18 (8.05)	1.43 (0.76-2.67)	0.2650		1.91 (1.02-3.60)	0.0438		
First CV hospitalization				0.0481			0.0050	
Appropriately dosed	1,093 (24.16)	Reference			Reference			
Underdosed	129 (26.11)	1.12 (0.92-1.35)	0.2609		1.26 (1.07-1.50)	0.0065		
Overdosed	45 (23.82)	0.70 (0.51-0.97)	0.0316		0.73 (0.53-1.02)	0.0625		

- Overdosing with significantly associated with ↑ risk of all-cause mortality
- Underdosing with significantly associated with a \uparrow risk of CV hospitalization





Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Are patients taking NOACs staying on them?

Higher Persistence with NOAC vs. Warfarin

Table 3. Persistence of Propensity Score–Matched Patients

	30-Day Me Gaj	edication o	60-Day Medication Gap		
Time Period	Dabigatran	Warfarin	Dabigatran	Warfarin	
n	1745	1745	1745	1745	
6-mo persistence rate, %	63.9	41.3	71.8	53.3	
9-mo persistence rate, %	56.3	30.7	66.9	44.0	
1-y persistence rate, %	50.3	24.1	63.3	38.8	
<i>P</i> value*	<0	.001	<0.001		

*The persistence rates were compared using a log-rank test.

 Dabigatran – median persistence 389 days vs. warfarin 135 days (p<0.001) – 30 day gap

14th Annual Collingwood, Ontario, February 10 -12, 2017



Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

- US DOD administrative claims
- Warfarin & Dabigatran
- Oct 2010 June 2012
- PS matching 1745 matched pairs
- Patients on dabigatran with higher likelihood of nonpersistence:
 - CHADS<2
 - HR 1.37 CI 1.17-1.60, p<0.001
 - HEMORR2HAGES>3
 - HR 1.24, CI 1.04-1.47, p=0.016

OAC Persistence



RESEARCH ARTICLE

Treatment Persistence and Discontinuation with Rivaroxaban, Dabigatran, and Warfarin for Stroke Prevention in Patients with Non-Valvular Atrial Fibrillation in the United States

Craig I. Coleman¹*, Muralikrishna Tangirala², Thomas Evers³

- US MarketScan claims
- NVAF (> 2 codes) + CHADS-VASc \ge 2 + \ge 6 mos pharmacy benefit prior to enrollment
- Nov 2011 Dec 2013
- PS matching
- Persistence defined as absence of a refill gap > 60 days
- Discontinuation defined as no additional refill for > 90 days and through to end of F/U

14th Annual32 634 pts includedCollingwood, Ontario,
February 10 -12, 2017



Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

OAC Persistence



14th AnnualFig 2. Treatment persistence according to oral anticoagulant therapy.Collingwood, Ontario,February 10 -12, 2017



Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

OAC Persistence



14th Annual ^{FIG 3.} Collingwood, Ontario, February 10 -12, 2017





Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

What about well-controlled warfarin? (does that exist?)



Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

Original Investigation

Outcomes in a Warfarin-Treated Population With Atrial Fibrillation

Fredrik Björck, MD; Henrik Renlund, PhD; Gregory Y. H. Lip, MD, PhD; Per Wester, MD, PhD; Peter J. Svensson, MD, PhD; Anders Själander, MD, PhD

- Retrospective, multicenter cohort study based in Sweden between Jan 2006 – Dec 2011
- n = 40 449
- Stable INR = INR st dev < 0.83

What about well-controlled warfarin? (if that exists..)



Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto



Patients with TTR of ≥70% had relatively low annual rates of adverse outcomes: Major bleeding: 1.61/yr (95% CI: 1.49-1.73) Arterial thromboembolism: 1.41/yr (95% CI: 1.30-1.53) Collingwood, Ontarligtracranial bleeding: 0.34/yr (95% CI: 0.28-0.39 February 10 -12, 2017





Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

NOACs in renal dysfunction (this doesn't sound like a good idea...)



Table 3: Suggested Use of NOACs According to Patient Renal Function⁺

NOAC	CrCl (mL/min)	Drug Dose	Comment
Dabigatran	> 50	110 or 150 mg twice daily	Consider 110 mg dose in patients at increased risk for bleeding or in the elderly (e.g. age \ge 80 years)
			Measure CrCl every 12 months
	30-50	110 or 150 mg twice daily	Consider 110 mg dose in patients at increased risk for bleeding (e.g. age \geq 80 years)
			Measure CrCl every 6 months and with acute illness
			Consider avoiding if deteriorating renal function
	< 30	Avoid dabigatran	Consider warfarin as alternative anticoagulant
Rivaroxaban	≥ 50	20 mg daily	Measure CrCl every 12 months
-	30-49	15 mg daily	Measure CrCl every 6 months <u>and</u> with acute illness
			Consider avoiding if deteriorating renal function
	< 30	Avoid rivaroxaban	Consider warfarin as alternative anticoagulant
Apixaban	> 50	5 mg twice daily	Measure CrCl every 12 months
	25-50	5 mg twice daily	2.5 mg twice daily in patients with 2 of following: (1) creatinine \ge 133 µmol/L; (2) age \ge 80 years; (3) body weight \le 60 kg
			Measure CrCl every 6 months <u>and</u> with acute illness
	15-24	No dose recommendations	Very limited clinical data with apixaban
		can be made	Consider warfarin as alternative anticoagulant
	< 15	Avoid apixaban	Consider warfarin as alternative anticoagulant

 14th Annual
 Edoxaban - (30 or 15 mg od): if any of - CrCl 30-50 mL/min, wt ≤ 60 kg,

 Collingwood, Ontario,
 February 10 -12, 2017 Verapamil or quinidine use

 http://thrombosiscanada.ca/guides/pdfs/NOACs_Comparison_and_FAQs.pdf. Accessed Feb 10 2017.

NOACs in Hemodialysis



Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto



14th Annual Collingwood, Ontario, February 10 -12, 2017

- Fresenius Medical Care North America ESRD database
- 29 977 hemodialysis pts with AF
- 5.9% of anticoagulated dialysis pts are started on Dabigatran or Rivaroxaban
- Poisson regression model, both were associated with a higher risk of hospitalization or death from bleeding c/w warfarin
 - Dabigatran RR 1.48
 CI 1.21-1.81, p=0.0002
 - Rivaroxaban RR 1.38 CI .18-2.68, p=0.0006

Chan et al. Circulation 2015; 131: 972-979





Minter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

What about valvular heart disease? Bioprosthetic valves? Mechanical valves?

What is the current definition of NVAF?



- The precise distinction between "valvular" and "nonvalvular" AF varies among the trials of oral anticoagulation therapy and among the AF guidelines of major societies.
- The present CCS Atrial Fibrillation Guidelines define valvular AF as that occurring in a patient with "rheumatic mitral stenosis, mitral valve repair, mechanical or bioprosthetic heart valve."

Which types of valvular AF presently exclude the use of a NOAC?



- VKA remains the treatment of choice for AF patients with mechanical heart valves
 - The RE-ALIGN trial was terminated early because of an excess of thromboembolic and bleeding events in the dabigatran treatment group. It was postulated that thrombin generation triggered by exposure of blood to the artificial surface of the valve might have overwhelmed the local effects of dabigatran.

Mitral Stenosis



 Mitral stenosis remains a clear indication for anticoagulation. Because such patients were excluded from the pivotal randomized trials of NOACs for stroke prevention, VKAs remain the standard of care in this patient population until further evidence emerges.

14th Annual Collingwood, Ontario, February 10 -12, 2017 Olesen KH. Br Heart J 1962;24:349-57. Szekely P. BMJ 1964;1:1209-12. Wood P. BMJ 1954;1:1051-63. contd. Benjamin EJ, Plehn JF, D'Agostino RB, et al. N Engl J Med 1992;327:374-9. Adams GF, Merrett JD, Hutchinson WM, Pollock AM. J Neurol Neurosurg Psychiatry 974;37:378-83. Do other types of valvular AF confer an increased risk of AF?



Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

- Beyond rheumatic mitral stenosis and of mechanical heart valves, there is substantial uncertainty regarding the risk of AF-related thromboembolism with other forms of VHD.
 For example:
 - Native VHD
 - Bioprosthetic heart valves

14th Annual Collingwood, Ontario, February 10 -12, 2017 Boon A, Lodder J, Cheriex E, Kessels F. Stroke 1996;27:847-51. Philippart R, Brunet-Bernard A, Clementy N, et al. Eur Heart J 2015;36:1822-30. Nakagami H, Yamamoto K, Ikeda U, et al. Am Heart J 1998;136:528-32. Gonzalez-Lavin L, Tandon AP, Chi S, et al. J Thorac Cardiovasc Surg 1984;87:340-51.



FK O	Séminaire Winter Arrhyt	hmia
	Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto	School

TRIAL	EXCLUSION CRITERIA
RELY (DABIGATRAN)	History of heart valve disorder (i.e. prosthetic valve or hemodynamically relevant valve disease) Severe MR, AR, AS
ROCKET-AF (RIVAROXABAN)	Hemodynamically significant MS, prosthetic valve, (annuloplasty with or without ring allowed) 106 cases
ARISTOTLE (APIXABAN)	Moderate or severe MS, presence of a prosthetic heart valve
ENGAGE-AF (EDOXABAN)	Moderate or severe MS, mechanical heart valve, (bioprosthetic and valve repair included)

Can NOACs be used for patients with some types of valvular AF?



- The definition of NVAF in the pivotal trials of NOAC therapy (Dabigatran, Rivaroxaban, Apixaban) for thromboembolic event prevention varied
- Post hoc analyses evaluating these agents in VHD were performed (Table 4).
 - -RELY (dabigatran, 21.8% VHD)
 - _ARISTOTLE (apixaban, 26.4% VHD)

14th A ROCKET-AF (rivaroxaban, 14.1% VHC Collingwood, Ontario, February 10 -12, 2017

Ezekowitz MD, Parise H, Nagarakanti R, et al. J Am Coll Cardiol 2014;63:A325. Avezum A, Lopes RD, Schulte PJ, et al. Eur Heart J 2013;34:809. Breithardt G, Baumgartner H, Berkowitz SD, et al. Eur Heart J 2014;35:3377-85.



Table 4. Efficacy and safety of NOACs vs warfarin in patients with and without significant VHD

•••	 	 	• ••	 	Percentes	 	 0.0	

	VHD	No VHD	Interaction P
roke or systemic embolism			
Dabigatran 150 mg vs warfarin	HR, 0.59; 95% CI, 0.37-0.93	HR, 0.67; 95% CI, 0.52-0.86	0.63
Dabigatran 110 mg vs warfarin	HR, 0.97; 95% CI, 0.65-1.45	HR, 0.88; 95% CI, 0.70-1.10	0.65
Apixaban vs warfarin	HR, 0.70; 95% CI, 0.51-0.97	HR, 0.84; 95% CI, 0.67-1.04	0.38
Rivaroxaban vs warfarin	HR, 0.83; 95% CI, 0.55-1.27	HR, 0.89; 95% CI, 0.75-1.07	0.76
ajor bleeding			
Dabigatran 150 mg vs warfarin	HR, 0.89; 95% CI, 0.68-1.16	HR, 0.99; 95% CI, 0.83-1.17	0.24
Dabigatran 110 mg vs warfarin	HR, 0.72; 95% CI, 0.54-0.96	HR, 0.85; 95% CI, 0.71-1.02	0.38
Apixaban vs warfarin	HR, 0.79; 95% CI, 0.61-1.04	HR, 0.65; 95% CI, 0.55-0.77	0.23
Rivaroxaban vs warfarin	HR, 1.25; 95% CI, 1.05-1.49	HR, 1.01; 95% CI, 0.94-1.10	0.034

Prosthetic Valves



Table 5. Expert opinion survey regarding the clinical use of a NOAC in relation to the following commonly encountered scenarios: Would you consider NOAC use to be 1) contraindicated or

2) not contraindicated (i.e. reasonable to use) with the following valvular disorders?

NOAC use is contraindicated	NOAC use is reasonable
Mechanical heart valves • In any position (100% agreement)	Bioprosthetic heart valve • aortic position (82% agreement) • mitral position (73% agreement)
Rheumatic mitral stenosis • mild (47% agreement) • moderate-severe (88% agreement) • post commissurotomy (42% agreement)	Mitral annuloplasty • with or without prosthetic ring (88% agreement) Non-Rheumatic mitral stenosis • mild (97% agreement)
	Mitral regurgitation • mild (97% agreement) • moderate-severe (>90% agreement) Tricuspid regurgitation • Any severity (98% agreement)
Non-rheumatic mitral stenosis • moderate or severe (69% agreement)	Aortic Stenosis or Regurgitation • Mild (98% agreement) • Moderate-Severe (80% agreement)





- Real world data suggest that NOACs reduce adverse clinical outcomes compared with warfarin
- Real world data suggest that there maybe differences in effectiveness and safety between NOACs
- Although difficult, well-managed warfarin is still effective and should be used in patients in certain patient populations



Séminaire Winter Arrhythmia School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Thank You!

angaranp@smh.ca



Séminaire Winter Arrhythmia Annual Cardiae Arrhythmia Meeting School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto



Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Choose the OAC drug considering the patient profile and/or preferences RECURRENT PATIENT HAS **HIGH RISK HIGH RISK OF** Patient GI **STROKE/TIA MODERATE** OF **SYMPTOMS** BLEEDING preference for **DESPITE WELL** -SEVERE GI OR [HAS-BLED≥3] once daily CONTROLLED RENAL BLEEDING **DYSPEPSIA** dosing **VKA IMPAIRMENT** Consider agent ie. CrCl 15-Consider also Consider agent with lowest bleed with superior 49 mls/min increased risk incidence efficacy for of bleeding preventing both IS and hemorrhagic stroke D110 D110 А Ε Α R D75 E30 Α **VKA** R Е А R Ε D150 If CrCl<15mls/min, VKA


Séminaire Winter Arrhythmia Annual Cardiae Arrhythmia Meeting School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

14th Annual Collingwood, Ontario, February 10 -12, 2017 Management of Antithrombotic Therapy in Patients With Concomitant AF and CAD



CAD: Asymptomatic, stable CAD [defined by the absence of ACS for the preceding 12 months], elective PCI, NSTEACS or STEMI

- Recommendation #1: Patients with concomitant AF and CAD receive a regimen of antithrombotic therapy that is on the basis of a balanced assessment of risks of stroke, of a coronary event, and of hemorrhage associated with use of antithrombotic agents
- Recommendation #2: When OAC is indicated in the presence of CAD, NOAC is preferred over

CAD - Corvariation Coronary Intervention; PCI - Percutaneous Coronary Intervention; NSTEACS - Non ST Elevation Acute Coronary Syndrome; STEMI - ST Elevation Myocardial Infraction

Concomitant AF and stable CAD



Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto



Figure 2. A summary of our recommendations for the management of antithrombotic therapy in patients with concomitant atrial fibrillation (AF) and an indication for primary coronary artery disease (CAD) prevention or stable CAD/arterial vascular disease. ASA, acetylsalicylic acid (aspirin); CHADS₂, **C**ongestive Heart Failure, **H**ypertension, **A**ge, **D**iabetes, **S**troke/Transient Ischemic Attack; NOAC, non-vitamin K antagonist oral anticoagulant; OAC, oral anticoagulant.

Concomitant AF and stable CAD



- Recommendation #3: No antithrombotic therapy for patient with no evidence of CAD/vascular disease and <65 years old with no CHADS₂ risk factors
- Recommendation #4: ASA 81mg/d for patient with stable CAD/vascular disease and <65 years old with no CHADS₂ risk factors
- Recommendation #5: OAC therapy alone for patient with stable CAD/vascular disease and <u>>65</u> years old or the CHADS₂ score <u>></u> 1

Concomitant AF and NSTEACS or STEMI or PCI



Winter Arrhythmia Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

• Will be discussed by Dr. Racco

Relevant clinical characteristics and dose adjustment in the four phase III NOAC trials in patients with atrial fibrillation

	Dabigatran (RE-LY)	Rivaroxaban (ROCKET-AF)	Apixaban (ARISTOTLE)	Edoxaban (ENGAGE AF-TIMI 48)
Renal clearance	80%	35%	25%	50%
Number of patients	18 113	14 264	18 201	21 105
Dose	150 mg or 110 mg twice daily	20 mg once daily	5 mg twice daily	60 mg (or 30 mg) once daily
Exclusion criteria for CKD	CrCl <30 ml/min	CrCl <30 mL/min	Serum creatinine >2.5 mg/dL or CrCl <25 mL/min	CrCl <30 mL/min
Dose adjustment with CKD	None	Rivaroxaban 15 mg once daily if CrCl 30–49 mL/min	Apixaban 2.5 mg twice daily if at least two of age ≥80 years, weight ≤60 kg, or serum creatinine ≥1.5 mg/dL (133 µmol/L)	Edoxaban 30 mg (or 15 mg) once daily if CrCl <50 mL/min
Percentage of patients with CKD	20% with CrCl 30-49 mL/min	21% with CrCl 30-49 mL/min	15% with CrCl 30-50 mL/dL	19% with CrCl <50 mL/min
Reduction of stroke and systemic embolism	No interaction with CKD status	No interaction with CKD status	No interaction with CKD status	NA
Reduction in major haemorrhages compared to warfarin	Reduction in major haemorrhage with dabigatran was greater in patients with eGFR >80 mL/min with either dose	Major haemorrhage similar	Reduction in major haemorrhage with apixaban	NA

Measuring if there is an effect

- Dabigatran
 - If aPTT is normal, there is little effect
 - Dabigatran-standard thrombin time (Hemoclot test)
- Rivaroxaban
 - If PT is normal, there is little effect
 - Chromogenic Xa with rivaroxaban standard
- Apixaban
 - Less effect on PT
 - Chromogenic Xa with rivaroxaban standard
- Time since last dose provides a good estimate!

Reversal Agents for NOACs

Reversal Agents for NOACs

 Recommendation #11: Administer idarucizumab for emergency reversal of dabigatran's anticoagulant effect in patients with uncontrollable or potentially lifethreatening bleeding and/or in patients who require urgent surgery for which normal hemostasis is necessary



Séminaire Winter Arrhythmia School

Annual Cardiac Arrhythmia Meeting Division of Cardiology, University of Toronto

Idarucizumab for Dabigatran Reversal



- Patients received 5 g of intravenous idarucizumab
 - Administered as two 50-ml bolus infusions, each containing 2.5 g of idarucizumab, no more than 15 minutes apart

14th Annual Collingwood, Ontario, February 10 -12, 2017

Pollack et al. NEJM 2015; 373:511-20

NOAC Antidotes



Idarucizumab (BI 655075) Target: Dabigatran

Structure: Humanized antibody fragmen (Fab) to dabigatran

Andexanet alpha (PRT064445) Target: FXa inhibitors Structure: FXa lacking catalytic & binding activity

Aripazine (PER977; Ciraparantag) Target: Universal- all NOACs, heparin, LMWH Structure: Synthetic small molecule (D-arginine)

What about the Antidote?

- This has been a barrier to some physician and patient acceptance to switching from VKA to NOAC
- Utility of antidote is limited in severe bleeds, particularly intracranial hemorrhage
- In the REVERSE AD trial assessing idarucizimab (specific antidote for dabigatran), the mean time to cessation of bleeding was still over 11 hours
- However, for those who are insistent on antidotes, idarucizimab is now approved and andexanet alpha will likely be available in next year (antidote for all Xa inhibitors)
- In meantime, PCC is a great partial antidote for Xa inhibitors

ESC 2016 Bleeding management



Andexanet alfa Rivaroxaban reversal



REVERSE-AD Study design



dabigatran reversal within 4 hours (dTT or ECT)

REVERSE-AD

Bleeding and thromboembolism

- Bleeding
 - Group A: cessation of bleeding
 - GI bleeding: median time to bleeding cessation 3.5 hours
 - Non GI, non ICH bleeding: median time to bleeding cessation 4.5 hours
 - Group B: peri-procedural haemostasis
 - 93% normal, 5% mildly abnormal, 2% moderately abnormal
- Thromboembolism
 - Overall rate 4.4% at 30 days; 6.3% at 90 days

REVERSE-AD Re-initiation of anticoagulation

Summary

- Fear of bleeding remains a major barrier to the appropriate use of anticoagulants in AF
- The best way to reduce the burden of bleeding is prevention
- Most anticoagulant related bleeding can be managed with general supportive measures
- The availability of idarucizumab and future availability of andexanet alfa will help streamline bleeding management

Digoxin as rate-control agent

Digoxin as rate-control agent

 Recommendation #15: Digoxin can be considered as a therapeutic option to achieve rate control in patients with AF and symptoms caused by rapid ventricular rates whose response to β -blockers and/or calcium channel blockers is inadequate, or in whom such rate controlling drugs are contraindicated or not tolerated

Surgical Therapy for AF

What are the definitions of stroke risk factors in the CCS AF guidelines update?

- The 2014 CCS Atrial Fibrillation Guidelines update used the CHADS₂ index with the evolved definitions of its component risk factors for stroke (Table 1).
- Female sex was not considered to be an independent risk factor, in agreement with the ESC 2012 guidelines.
- The 2014 CCS panel concluded that oral anticoagulant therapy was justified when the annual risk of the outcome of "stroke" exceeded 1.5%.
- CCS Algorithm recommended oral anticoagulation for patients aged 65 (even without any other criteria) and for younger patients with any of CHF, hypertension, diabetes, or stroke as defined in Table 1.





Canadian Journal of Cardiology 31 (2015) 24-28

Clinical Research

Atrial Fibrillation Patients Categorized as "Not for Anticoagulation" According to the 2014 Canadian Cardiovascular Society Algorithm Are Not "Low Risk"

Gregory Y.H. Lip, MD,^{a,b} Peter Brønnum Nielsen, PhD,^a Flemming Skjøth, PhD,^{a,c} Lars Hvilsted Rasmussen, MD, PhD,^{a,c} and Torben Bjerregaard Larsen, MD, PhD^{a,c}

^a Aalborg Thrombosis Research Unit, Department of Clinical Medicine, Aalborg University, Aalborg, Denmark ^b University of Birmingham, Centre for Cardiovascular Sciences, City Hospital, Birmingham, United Kingdom ^c Department of Cardiology, Aalborg AF Study Group, Aalborg University Hospital, Denmark

See editorial by Cairns et al., pages 20-23 of this issue.

"

"Patient cohort drawn from the Danish registries who were < 65 years of age and had a CHADS₂ index score of 0, **included**, according to the definitions used by Lip et al., **many patients with previous systemic embolus or CHF**, the presence of either of which would lead to a recommendation for OAC treatment using the 2014 CCS algorithm."

Controversy in "Low Risk Population"

- Data from epidemiological studies indicate the patients with CHA₂DS₂-VASC of 1 have an annual stroke rates of:
 - Denmark: 2.01% (Men) and 0.85% (Women)¹
 - Sweden: 0.5% (Men) and 0.9% (Women)²
 - Taiwan: 2.75% (Men) ad 2.55% (Women)³



Séminaire Winter Arrhythmia Annual Cardiac Arrhythmia Meeting School

Division of Cardiology, University of Toronto

Management of Antithrombotic Therapy in Patients With Concomitant AF and CAD