ECG Workshop "5 ECGs 5"

20' for ECG lovers...





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Conflict of Interest

- None to declare
- Teaching how to recognize infrequent ECG patterns is supported by the KecgT Initiative (Knowledge Translation in Electrocardiography)



Overview

- To review infrequent ECG patterns
- To learn some "cool" algorithms
- To review some "pattern recognition" strategies
- To practice some real cases with "extra tips"





Talking about Algorithms









Type-1 "coved" Brugada ECG pattern

- 18 year old, pre-competitive ECG
- Asymptomatic
- No family history



Current electrocardiographic criteria for diagnosis of Brugada pattern: a consensus report $\stackrel{\scriptstyle \overleftrightarrow}{\sim}$

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J Electrocardiol 2012

Type-1 or "coved"

Type-2 or "saddle-back"



Type-1 Brugada ECG pattern

ECG Features:

- 1. ST (J-wave) elevation followed by symmetrical T-wave in leads V1 to V3
- 2. High take-off in lead V1 is at least 2mm (higher than ST level at 40-80 ms)
- 3. At 40 ms from high take-off, the decrease in amplitude is less than .4 mV
- 4. Index QRS-ST elevation at high take-off/height of ST at 80 ms is >1 (Corrado)
- 5. Mismatch: QRS duration in V1-V2 is longer than in V3-V6





Type-1 Brugada ECG pattern

It can be "manifested"
It can be "concealed"
It can be unmasked by fever or sodium channel blockers

Type-1 Brugada ECG pattern



Sodium channel blockers



Brugada syndrome coinciding with fever and pandemic (H1N1) influenza

Baranchuk A. CMAJ. 2011

Brugada Syndrome Report of the Second Consensus Conference

Antzelevitch C. Circulation 2005

UNIVER

Drug	Dosage and Administration	
Ajmaline	1 mg/kg over 5 min, IV	
Flecainide	2 mg/kg over 10 min, IV (400 mg, PO)	
Procainamide	10 mg/kg over 10 min, IV	
Pilsicainide	1 mg/kg over 10 min, IV	
		n/c



Type-2 Brugada ECG pattern

ECG Features:

- 1. R' pattern with a high take-off of at least 0.2 mV with convex ST elevation (>.5 mV)
- 2. Positive T-wave in lead V2
- 3. Minimum ST ascend
- 4. ß-angle > 58° (Chevallier)
- 5. Base of the triangle > 4mm (Serra)
- 6. Sodium channel blocker test: transforms the type-2 into a type-1





Type-2 Brugada ECG pattern: Value of high precordial leads

Antzelevitch C. Circulation 2005



Type-2 Brugada ECG pattern New Criteria: ß-angle

New Electrocardiographic Criteria for Discriminating Between Brugada Types 2 and 3 Patterns and Incomplete Right Bundle Branch Block



V1

12

Chevallier S. JACC 2011

ß-angle > 58° indicates
BrS pattern
Sens: 79%
Spec: 83%
PPV: 73%
NPV: 87%





Type-2 Brugada ECG pattern New Criteria: Base of the triangle

New electrocardiographic criteria to differentiate the Type-2 Brugada pattern from electrocardiogram of healthy athletes with r'-wave in leads V1/V2



Type-2 Brugada ECG pattern New Criteria: Base of the triangle

New Electrocardiographic Features in Brugada Syndrome

Antonio B. de Luna^a, Javier García-Niebla^{*b} and Adrian Baranchuk^c

Curr Cardiol Rev 2014



Base of the triangle > 4mm indicates BrS pattern • Sens: 85% • Spec: 95.6% • PPV: 94.4% • NPV: 87.9%

Base of the triangle is easier to measure with higher Sens & Spec





Type-2 Differential Diagnosis

Benign pattern: high precordial leads



Underlying conditions

TERS



Type-2 Differential Diagnosis: Proposed algorithm

TIP

Baranchuk et al, ANE 2015





- 77 year old woman, HTN, DM
- Frequent episodes of rapid palpitations
- Holter: pending results



- P-wave > 120 ms
- Biphasic P-wave morphology in the inferior leads

IAB: Consensus 2012



Available online at www.sciencedirect.com

SciVerse ScienceDirect

JOURNAL OF Electrocardiology

Journal of Electrocardiology 45 (2012) 445-451

www.jecgonline.com

Interatrial blocks. A separate entity from left atrial enlargement: a consensus report $\stackrel{\bigstar}{\approx}$

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IAB was found a predictor of AF in:

- Post-cardioversion
- Post PVI
- Post flutter ablation
- Chagas' disease
- Elderly
- General population

In 2012, Bayes de Luna and a group of experts published the first consensus on IAB

Classification

1. Partial IAB: P-wave >120 ms

2. Advanced IAB: P-wave >120 ms + Morphology +/- in inferior leads

Also 1st degree 2nd degree 3er degree

Very frequent association with SV Arrhythmias, particularly AF



Bayés' syndrome: the association of Advanced IAB + supraventricular arrhythmias

Bloqueo interauricular como sustrato anatómico-eléctrico de arritmias supraventriculares: síndrome de Bayés

Diego Conde^{a,*} y Adrián Baranchuk^b

Arch Mex Cardiol 2014



Prolonged P-wave duration is associated with atrial fibrillation recurrence after successful pulmonary vein isolation for paroxysmal atrial fibrillation

Jane Caldwell • Sahil Koppikar • Walid Barake • Damian Redfearn • Kevin Michael • Christopher Simpson • Wilma Hopman • Adrian Baranchuk

JICE 2013



	$\max_{n = 15} \text{PWD} \ge 140 \text{ ms}$	$\max_{n=21} \text{PWD} < 140 \text{ m}$
Initial SR	8	16
No of pulmonary veins reconnected	2.7±1.1*	3.4±1.1
Substrate ablation	7*	3
Re-recurrence	7	6

(n=170)

Advanced IAB predicts AF recurrence after PVI







1st degree block



- - retrograde P-waves
- Pseudo 'R-waves in V1







- Narrow complexSlightly irregular
- 1 P-wave, 2 QRS















