

# Opportunities for Locum Strategies to Get Employed

Michael Mohareb, MD, FRCPC

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# Why this talk is a waste of your time

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# Disclosures

- Inexperience
- Only recently got hired
- Have not yet signed a contract
- Have not yet passed an unsaid “probationary period”

# Outline

- Things you know
- Things you can't change
- The most important thing to remember

# Strategies to decide on a career

- Look at your mentors
- What do you enjoy doing?
- Does what you enjoy pay any bills?

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  - What do you enjoy doing?
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- your**
- Can you tolerate what you don't enjoy about what you enjoy?



# Strategies to get hired

- Don't be a jerk
- Be willing to work hard
- Be available
- Don't take the first thing you see
- Don't say no to everything you hear
- Could you work with these people?
- Have you worked with these people?
- **LUCK AND TIMING**

# Things you can't change

- What's available\*
- How many other people are looking for work
- How nice/toxic other people are
- The inherent uncertainty in something not written down
- LUCK AND TIMING

# Things you can change

- How wide a net you cast
- The priority on location
- The priority on aspects of your career
- How long you keep looking for the same thing
- \*Being too good to say no to easily
- Whether you accept LUCK AND TIMING

# Things that have worked out for me *so far*

- Locuming in different places
- Nice people
- Clear expectations
- Having time to work a little bit to start
- Covering medicine call
- LUCK AND TIMING (prayer)
- An understanding spouse

# Other people's advice

- “I would say do rotations in the community and broaden your horizons. There are more jobs out there than advertised and a good clinician still has a lot of value.”

## Other people's advice

- “I think you have to have a clear understanding of what you want absolutely, deal breakers, but to maintain flexibility, for example for community jobs. I've known people who said they would not do any medicine call as a sub specialist and for that reason did not get the job.”

# Other people's advice

- “Work hard. Do electives at places that are hiring and you'd like to work at.”

# Other people's advice

- “Try and make connections early and cast a wide net, and don't be afraid to speak to division heads if for nothing more than for some advice and mentorship.”



# Other people's advice

- “Treat residency as a three-year job interview.”

# Other people's advice

- “You have to locum and get to know the people hiring. Won't get hired at a place that's never met you.”

# Other people's advice

- “Do community electives in sites and places you want to work. Do a lot of electives.”

# Other people's advice

- “In electives you don't have to be smart. You have to be safe and work well with others.”

# The key to a good decision is being happy with that decision

- DECISION
- HOW CONTENT YOU ARE

# Things to remember

- There will always be sick people
- There will always be older physicians
- You will never be poor
- You originally signed up to be a civil servant
- Nothing is forever so don't overthink it

# The most important thing to remember

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- LUCK AND TIMING



So, Good Luck